



YOUR MONEY PERSONA:

Giver

Take a peek inside to learn more about your money personality

Money is as much a relationship in our lives as is our relationships with friends and family... it permeates everything we do and how we often experience the rest of the world. Think about it... we need money to pay for food, gas, a roof over our head, transportation and more - without it, we probably wouldn't survive! But it's also a resource that enables us to create and live the life we want. Money is a tool to get us to where we want to be.

Our Money Persona defines how we choose to use our money. If you're able to understand why you make the money decisions you do, then you'll have a better shot at actually improving the odds of having a healthy relationship with it - getting you to your financial goals faster!

Let's review what your Money Persona reveals about the way you use money...



"Hello Giver"

Your Money Motto is: **Do First For Others!**

You LOVE taking care of others and are quite the nurturer! You are compassionate, open-minded, and usually good at being there when others need help. You know how to leave your ego at the door, interacting well with almost all types of people, and are loyal and reliable.

However, your self-worth can be dependent on others' dependence on you, as you are generous almost to a fault. Caution is in order as Givers can fall prey to financial abuse by friends and family. Your desire to put others' needs above your own can encourage others to manipulate you to give your money or items away.

You can also be your own worst enemy by overspending because you're trying to overcompensate for love lost. You believe money is a way to show love – through monetary or physical gifts and contributions to charities. The downside to believing money is to be given away, is that you never seem to have enough for yourself.

You may have formed an unconscious attachment to suffering, leaving you to cater to the inner wounded child. You may also end up playing the role of the rescuer (to a spouse, friend, or child) – taking care of everyone else's needs while neglecting your own, which can then lead to experiencing feelings of being let down and suffering all alone.

On the flip side, you may also lean toward sticking your head in the sand when it comes to your money – preferring not to deal with it so you can just keep on giving.

Check out these tips

for using your Money Persona to your advantage:

1

Mind Your Mindset

Start to work on your inner money mindset related to worthiness. Let go of living in the drama of life. Start to see the glass half full when it comes to receiving money and holding onto it. Remind yourself that every little penny counts and just because it comes into your life, doesn't mean it has to immediately go. If you feel you are under-earning, work on ways to show you are worth a raise, or seek out that next higher-paying job.

2

Accountability

Ask a friend, loved one, or money coach to become an accountability partner for you. If you're feeling pressure to give money to someone when asked, or you have an urge to buy something for someone who doesn't really need or want it, call or text someone for support. Find ways to give that don't require money: whether that's giving your time through volunteering, or offering to baby sit or dog sit while someone is out of town.

3

Grow Your Savings

Start a round-up savings account through Qapital or Qoins, then check it on a regular basis to see the cents grow into dollars. Then start monitoring your feelings when you see money deposited into, and growing in, your bank account.

4

Remember This

We have the ability to control the thoughts, feelings, and actions we take with money. I want you to know that how you deal with money is not a reflection of whether you are a good or bad person. Our internal brain patterns about money are ingrained in us from our early childhood and life experiences!

5

Don't Wait to Take Action

If you find yourself making the same money mistakes over and over again, or are missing the mark on your goals, it's time to take action! Start to think about how different your life could be if you gained confidence knowing you're doing all you can and should with your finances! If you're not sure how or where to get started, let's hop on a call to chat about how I could help.

Hey There! I'm Michelle...



I'm a financial wellness coach, and I help people who are busy juggling life, family, and career how to build the knowledge, skills, and habits for better money management.

My mission is to help people like you understand *why* you make the money decisions you do and *how* to make better ones going forward so you can reach all of your financial goals, *without feeling stressed out or overwhelmed by it all*.

My philosophy is that life is meant to be lived well, but within your means. I'll teach you how to do the things you want with your money, without going into debt, and without feeling guilty about what you choose to spend your money on.

I want to help you create lasting financial wellbeing so you can finally do all the things you want with your money and your life!

{{Hugs}}

Michelle

Let's Connect!



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